



US Guided MSK Injection Techniques Programme

Christchurch, Sept 14-16 2023

Pavillions Hotel, Christchurch

Thursday Sept 14

0830 - 0845	Coffee + Welcome
0845 - 0900	Introduction
0900 - 0945	Needling fundamentals
0945 - 1030	Shoulder – lecture and demonstration
1030 - 1100	Morning tea
1100 - 1300	Practical scanning – Shoulder (rotation with needling techniques X 1 station)
1300 - 1345	Lunch
1345 - 1430	Elbow - lecture and demonstration
1430 - 1630	Practical scanning - Elbow (working afternoon tea)

Friday Sept 15

0900 - 1000	Hand and Wrist – lecture and demonstration
1000 - 1030	Practical scanning – Wrist and Hand



1030 - 1100

Morning tea

1100 – 1200

Practical scanning – Wrist and Hand

1200 - 1300

Hip – lecture and demonstration

1300 – 1330

Lunch

1330 - 1530

Practical scanning - Hip

1530 - 1615

Knee - lecture and demonstration

Saturday Sept 16

0900 – 1000

Practical scanning - Knee

1000 - 1030

Working morning tea

1030 – 1130

Foot and Ankle – lecture and demonstration

1130 - 1200

Practical scanning – Foot and Ankle

1200 - 1230

Lunch

1230 - 1330

Practical scanning – Foot and Ankle

1330

End