

MSK Ultrasound – UPPER LIMB

Programme

Christchurch, February 26 – 28, 2026



Thursday 26 Feb

0830 – 0845	Coffee
0845 - 0900	Introduction
0900 - 1000	Elbow demonstration
1000 - 1030	Morning tea
1100 - 1300	Practical scanning - elbow
1300 - 1330	Lunch
1430 – 1515	Elbow - Clinical
1515 - 1530	Afternoon tea
1530 - 1600	Shoulder demonstration Part 1
1600 – 1700	Practical scanning - shoulder

Friday 27 Feb

0830 – 0915	Shoulder demonstration Part 2
0915 - 1030	Practical scanning - shoulder
1030 – 1100	Morning tea
1100 - 1200	Clinical – shoulder (presentation)
1200 – 1300	Practical scanning – elbow, shoulder
1300 - 1330	Lunch
1330 - 1430	Wrist and Hand - demonstration
1430 - 1530	Practical scanning – Wrist and Hand (Working afternoon tea 1500)
1530 – 1615	Clinical – Wrist and Hand (presentation)
1615 - 1700	Practical scanning – Wrist and Hand

Saturday 28 Feb

0900 – 0930	Practical scanning – Any
0930 - 1000	Needling fundamentals - revision
1000 – 1045	Needling stations
1045 - 1100	Morning tea
1100 – 1230	Needling stations
1230 - 1300	Lunch and Wrap up